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WELCOME TO THE PERTH GARDEN & OUTDOOR LIVING FESTIVAL 2022

A warm welcome to Perth Garden & Outdoor Living Festival 2022. Since the last festival in May 2021, we have all experienced, once again, unprecedented times. It is only since the middle of this year that we have seen life returning to a new norm since March 2020.

In April, the Nursery & Garden Industry WA, in conjunction with our event managers CSA, made the decision to reschedule this year's event to October, as we experienced another spike of Covid during that period. We apologise to you and everyone involved in the festival for any inconvenience caused. I do hope you understand why this decision was made, and that you will enjoy visiting the festival during spring when gardening is always at its best.

Gardening has never been more popular than it is today, and over the past few years we have seen an incredible increase in interest as many of you have become more connected with nature. Covid created many changes in our



www.lakehousenursery.com.au

4 | PERTH GARDEN & OUTDOOR LIVING FESTIVAL 2022

daily lives but, if anything, it taught us to love something that is mostly free, is healthy and rewarding... which of course is gardening.

This year's festival will once again provide you with the perfect opportunity to immerse yourself in plants, and meet some of our state's best growers. So make sure to come along with all your gardening questions for our team of experts to answer.

We have a variety of exhibitors to support your gardening needs this year — from the most innovative gardenrelated products, to stunning showcase landscaped gardens to inspire and help add some flair to your

own garden plot.

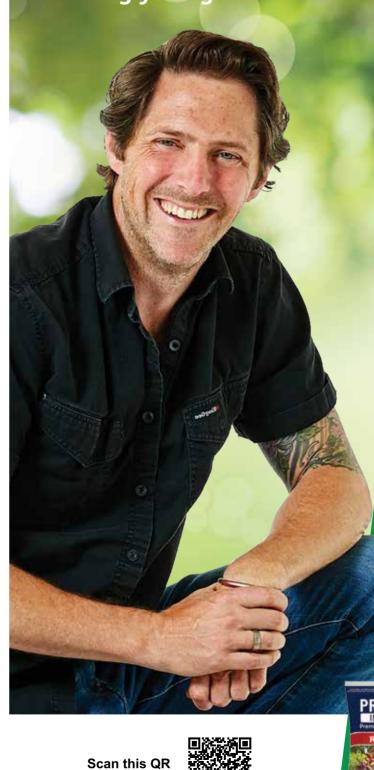
Our presentation program in the Richgro Marquee offers a variety of topics for you to enjoy, so why not grab a bite to eat and take some time out to listen to some of WA's most experienced and knowledgeable horticulturists.

The Perth Garden & Outdoor Living Festival 2022 is sure to educate and inspire you. On behalf of the Nursery & Garden Industry WA, I do hope you come along to enjoy everything we have on offer and hopefully leave with your fingers a little greener.

> Matthew Lunn Executive Officer NGIWA



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PERTH GARDEN & OUTDOOR LIVING FESTIVAL

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*while stocks last

SAVE THE **BEES WITH NATIVE TREES**

(AND OTHER BUSHFOOD DELIGHTS)

Bee-friendly edible gardening with native Tucker Bush

Bees are the most important species on this planet. We rely on them to pollinate food crops, feed crops, and the multitude of unique flora in our ecosystem. Australia alone is home to 1,650 species of native bee — and those are just the ones we know about.

While introduced species, such as the honeybee, aren't endangered in Australia, we now know our native bees face ever-increasing threats from climate change and the destruction of habitat. Last year, eleven species of native bee met the international criteria for a "threatened" rating, following an assessment of the impacts of the Black Summer bushfires.

Although some native bees are **generalists** that forage on a wide range of plants, many of them co-evolved as **specialists** alongside native flora. This means they only forage on a narrow range of native Australian plants — if those plants go, the bees go with them.

Good news: Many native edible plants are bee-friendly by nature. When planning next season's backyard crop, consider adding delicious bushfoods your family — and nature's busy workers — can enjoy.

Jambinu Zest Chamelaucium

The world's best culinary Geraldton Wax, boasting tangy citrus flavours in its edible needle-like leaves. This is a heattolerant, drought-tolerant water-wise bushfood.

Plant instead of: Lemon verbena, dill, camelia, lilac. Enjoy it: Use as a flavouring herb in sauces, stocks, cakes, cocktails and botanical liquors.



Native Thyme Prostanthera incisa

A culinary herb and evergreen ornamental bush with a bonus spring flowering of purple cup-shaped blooms.

Plant instead of: Oregano, thyme, sage, box hedge. Enjoy it: Use fresh or dried leaves as a flavouring herb; steep in hot water to make native tisane.

Bush Basil Plectranthus graveolens

A sun-loving flowering herb with a complex aroma, a perfect match for Mediterranean flavours.

Plant instead of: Basil, sage, marioram. Enjoy it: Fresh or desiccated in tomato-based dishes; blended with olive oil and nuts for a native pesto; edible garnish in savoury drinks and cocktails.

Wild Mint Mentha diemenica

A shade-loving native mint for part shade or full sun with a strong scent and flavour. Blooms with clusters of tiny pink-mauve flowers from late spring.

Plant instead of: Spearmint, peppermint. Enjoy it: Fresh in salads, sandwiches, desserts, cocktails, water infusions and salt infusions.



Lemon Myrtle Backhousia citriodora

Highly aromatic and intensely tangy in flavour. This edible ornamental produces creamy flowers during autumn.

Plant instead of: Birch, sambucus, cercis. Enjoy it: Use the leaves as a flavouring herb or spice; freshen your home with the essential oil.

Bain Carpobrotus virescens

A Western Australian coastal groundcover bearing bright pink flowers and deep red fruit.

Plant instead of: Creeping fig, rhoeo, Irish moss. **Enjoy it:** Suck out the sweet fruit pulp; cook the leaves like a vegetable; use sap like aloe as a salve for stings and burns.

For more info go to www.tuckerbush.com.au

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are coming to the PERTH GARDEN FESTIVAL

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	Turfect Lawn Care – family friendly make a Turf Head	Native Plant Masterclass	
	Ipm	2pm	
E PLANT	Plant Propagating with Open Gardens WA	Indoor Plant Masterclass	

Book at perthgardenfestival.com

#13

ping products 926. This year tival we will e team behind of growing e and pot a plant to take home while learning Perth gardening tips.





Vegepod is coming to Perth! We at Vegepod are thrilled to be visiting our friends in WA at this year's Perth Garden & Outdoor Living Festival! We know it can be difficult to grow food in your backyard, particularly with the harsher climate of WA, so here's the perfect solution for you.

Vegepod has a mission to provide anyone and everyone the access to growing their own food. Their specific solution provides an easily accessible, low maintenance raised garden bed for all. The unique self-watering, portable, durable and sustainable beds have won global awards, flying the Aussie flag — winning Garden Product of the Year at the Royal Chelsea Flower Show, The Golden Shovel in the US and renowned as a Shark Tank Success.

VEGEPOD

THE WORLD'S #1 RAISED GARDEN BED BORN OUT OF AUSTRALIA

Benefits & Features

Self-Watering Wicking System: The Vegepod has the Smart Approved Water Mark, and is unique due to its self-watering wicking bases that ensure your plants always have access to water from below. Overflow holes avoid drowning your plants. You can go two to three weeks away in the summer and know your garden will thrive. The contained Vegepod saves up to 80% of water compared to your average garden.

Accessible: The Vegepod comes in three sizes and can come with a raised and portable stand, meaning the garden is accessible for anyone of all abilities and location.

Misting Irrigation Spray: The misting spray connection within the canopy is easily attached to your standard hose connection to allow for a gentle mist spray ideal for water maintenance and young seedlings.

Mesh Canopy: The Vegepod has a permeable mesh protective canopy that allows the good necessities through such as sun, air and rain, whilst protecting against pests, harsh elements and weeds. The commercial grade fine mesh creates a micro-climate ideal for optimum growth and is animal-friendly. You can even get a summer shade cover for those extreme heat days in Perth.

Depth: The one-foot growing depth means you are not limited to just herbs and leafy greens, but can expand your edible gardening to root vegetables and larger plants. **Protective Covers:** In extreme weather conditions, a Hothouse Winter Cover or Summer Shade Cover can protect your plants from frost, snow, and the burning sun.

Environmentally Friendly: unlike other raised garden beds is certifiably food-safe, non-leaching and BPA-free through its industry-quality polypropylene plastic and is also recyclable. The stands are galvanised steel, powder coated with stainless steel bolts to successfully support the raised garden bed.

The set-up is easy, coming in a flat pack box, with no tools required.

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UPCYCLE OLD PICTURE FRAMES **INFORMATIONS INFORMATIONS** By Danni from Fickle Prickles

G ive those old picture frames a new lease on life and create a stunning living art piece for your home, garden or office. It's the perfect project for those with limited garden space, as these art pieces hang vertically — all you need is some wall space! It's an easy to do weekend project for you and the family — customizing an old picture frame takes no time at all, and the results are truly fantastic! Get the kids involved too!

What is an Flkhom?

Elkhorns are an epiphytic fern called Platycerium bifurcatum, and they naturally grow without soil by attaching themselves to trees, fallen logs and sometimes even rocks. It's because of this that they make the perfect hanging vertical plants, offering architerural foliage and a burst of greenery to a space.

What s the difference between an Elkhorn and a Staghorn?

Elkhorns (Platycerium bifurcatum) and Staghorns (Platycerium superbum) are both epiphytic in nature. The differences are the size of the plants, with Elkhorns having smaller, more narrow fronds. The main difference is the way it reproduces - the Elkhorn can multiply or pup quickly from 'growing points' on the plant. New leaves form from these growing points and soon develop into new, independent plants. With time, you can split up your Elkhorn to make more vertical frames, or leave them be for an epic mass display. The Staghorn on the other hand, reproduces from spores, and will generally remain one, albeit a lot larger, solitary plant.

Courcing Frames

To start this project we first need to source some old picture frames. Now, you may have some lying around the house, but if not, do not fear, they are very easy to come by. Try roadside collections or op-shops. It's best to choose wooden frames, as we will be nailing a backing board to it (something to attach the Elkhorn to).

YOU WILL ALSO NEED

- An Elkhorn plant
- Pine wood lengths
- Saw, glue and nails
- Sphagnum moss
- Fishing line



1. Customising the frame

To start, we need to remove the glass, the backing and any nails or staples that are not needed. Usually the backings that come with picture frames are made of chipboard, and don't have the strength to hold up a plant, so we will need to replace this with something stronger.

We have used pine lengths, 64mm in width. You can use hardwood, it will be more rot resistant, but you will find that most commercial wooden frames are already made of pine and are finished with a stain or varnish. We will be sealing the back of the frame to give it a longer life and have it hold up to the elements.

To create the backing board, simply cut pieces slightly shorter than the width of the frame, and attach with PVA glue and nails. Our design uses a couple of horizontal lengths of pine, with spaces in-between. These spaces will come in handy when tying the Elkhorn to the frame, and it offers a stylish look compared to a solid, one piece backing board.

Once the glue has dried, we can move on to sealing it. There are a plethora of different options and products that are available to seal raw pine. We have chosen linseed oil, as it will bring out the natural wood grain in the pine. It is also a natural product that won't be toxic to the Elkhorn itself.





2. Attaching the Elkhom

To attach the Elkhorn, we need to decide which way is up. Once an Elkhorn reaches a certain age, it will start developing a sheath. This will grow underneath the fronds and will eventually expand to envelop the plant and backing board on the frame. Identifying the sheath is simple enough — look for a flat rounded leaf growing from the base or 'growing point' of the plant. Spin the plant around so this sheath is at the bottom. Remove the Elkhorn from its growing pot and shake loose most of the potting mix. Try to retain a small amount of the potting mix around the root ball if you can.

Laying the frame flat on a table, place a layer of hydrated sphagnum moss in the middle of your frame, then place the Elkhorn on top (remembering which way is up once it's hung vertically!). Then add more sphagnum moss around the edges to enclose the root ball and soil, being sure to leave the sheath exposed.

Using fishing line, wrap the Elkhorn (moss and all), several times around the backing board, threading the line through the gaps in the pine slats as you go. Cross over the line in different directions to make it more secure, and try to tuck the line in under the sheath where you can. It does help to have an assistant at this point — if they can hold the frame and plant up from your working table, it makes it far easier to thread the line through the gaps in the frame and wrap it around the ball of moss. Once it's sufficiently secured, you can tie off the ends of the line and trim the excess. Fishing line is very forgiving if you are not the neatest at this step — it is clear in colour, so very discreet and hidden!

Hanging

To hang the frame, we have attached some hardy string (you could use wire) with a staple gun on the back of the frame. Horticultural hooks come in handy to hang your frame from a verandah beam, or you can simply hang it just like a picture frame from a fixing on the wall.

How to care for an Elkhorn

Keep your Elkhorn in a well lit area, away from direct sunlight. You can keep them indoors, as long as the room is not too dark and the plant can receive plenty of light. It's important that the sphagnum moss doesn't dry out, so be sure to water them thoroughly and often to keep the moisture up to it. You can feed it during its growing season (spring to early autumn) with a diluted liquid fertilizer/seaweed solution, or with a small handful of control release fertilizer.



With Lena Elliot - Lakehouse Nursery

A rguably, the Daylily (Hemerocallis) is America's top favourite perennial plant, with close on 100,000 registered cultivars.

Daylilies are categorised as doubles, large blooms, small/ miniatures, spider/unusual forms.

There are both amateur and professional hybridisers vying for medal winners.

The majority of hybrids are still open-petaled type, but now there is a hybridiser Bill Maryott (USA) who — via line breeding — has developed a more rounded, uniform, symmetrical shape that has taken daylilies to another level. His quest for the perfect Daylily has taken many years with thousands of seedlings planted and most destroyed until he found what he was searching for! I discovered his work when he joined my Facebook group Daylily Lovers — now worldwide with over 24,000 members. His posts are always popular, and always include bloom photos with pedigree chart to show how he made the cultivar. Of added interest, he posted his Magic Circles diagram to illustrate his aim for the 'perfect Daylily'.

It is anticipated that some time in the future Australia will have his introductions, not possible at the moment due to quarantine restrictions.



VERIGROW

A new liquid fertiliser and soil improver made from WA wool

Verigrow is a new fertiliser and soil improver produced by WA-based company Veratin. The company uses waste wool from local WA sheep farms to produce a high-end, all-purpose product that is rich in amino acids and significantly improves the organic content of the soil. Verigrow is made by extracting the protein — keratin — from wool, which is itself made up of amino acids. These amino acids help plants combat stress, increase root mass, activate natural defence mechanisms, and enhance photosynthesis by increasing the chlorophyll concentration. They also promote nutrient absorption and stimulate the essential metabolic activities in the plant.

Verigrow is a practical and versatile product which can be effectively applied to all types of lawn, garden beds and pot plants. There is no need to add any additional soil improvers. Being a liquid fertiliser, Verigrow has also been successfully used in aquaponics, and is safe for use on herbs, fruit and vegetables.

Verigrow contains an organic and an inorganic nitrogen source where the inorganic nitrogen provides an immediate source of nitrogen, while the organic nitrogen provides a slow release and longer lasting effect.







The company produces Verigrow in a range of sizes from 1L and 5L for home gardens to 20L, 200L and 1,000L for farms and horticulture. The company has also recently released a ready-to-use foliar spray for indoor and outdoor plants.

Company founder and Managing Director, Dr Ramiz Boulos, explains that the benefits of Verigrow extend beyond just the product, contributing to a more sustainable, circular economy.

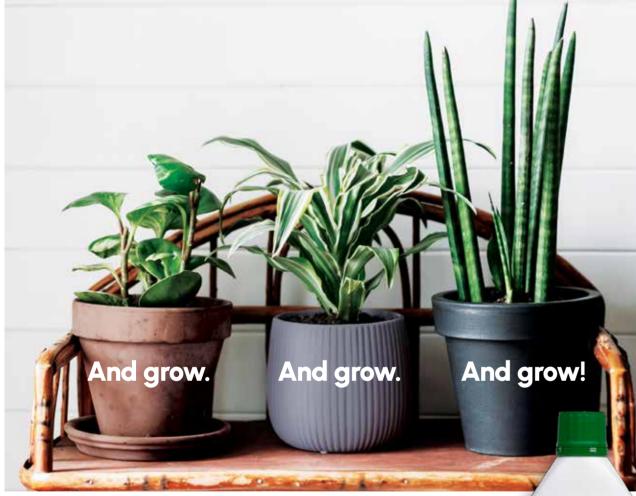
"We work with local WA farmers to purchase their low-grade wool which would otherwise be wasted. Veratin then turns that wool into a high-end, allpurpose fertiliser which farmers can use on their crops. It's a win-win for both the farmer and the home gardener."

From humble beginnings in a university laboratory, Dr Boulos has come to discover a way of turning wool — a natural and sustainable source — into a bioavailable and biodegradable amino acid-rich product.

Independent studies have shown that Verigrow is significantly better than a market-leading brand in improving various plant health parameters, including biomass, plant height, root mass and NDVI (a measure of 'greenness'). These studies found Verigrow was 2 to 5 times better than the market-leading brand in every parameter measured.

For more information about Verigrow, see them at Site 1 and visit their website at www.verigrow.com.au

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AUSTRALIAN MADĚ

Learn About OUR PRECIOUS GROUNDWATER

If you are using a garden bore in Perth, you are sharing Perth's precious groundwater.



Our groundwater is precious and suffering from the impacts of climate change.

In Western Australia most of the water we use comes from groundwater. Groundwater is a hidden water resource which comes from rain that naturally seeps into the ground and is stored in spaces between soil and rocks, called aquifers.

• The shallow Superficial aquifer

• The deeper Leederville aquifer

The deep Yarragadee aguifer

Climate change means Perth receives less rainfall now than we did a few decades ago, and this means our groundwater is being recharged less than in the past. Less rainfall and less recharge, and increases in use of groundwater, have caused Perth's groundwater systems to shift out of balance.

Groundwater is an important source of water for Perth and now makes up 70 per cent of all water used in the region. Besides watering many of our home gardens, groundwater is treated to supply drinking water, keeps our parks and sporting grounds green, and is used by farmers for irrigation.

Groundwater also supports our local lakes, wetlands, bushland and urban trees, which help make Perth so attractive and liveable

Cross-section showing the three main groundwater aquifers under Perth and how groundwater is used Banksia plantation woodland Groundwate replenishment Horticulture and recover Confining clay lave Yarragadee aquife

When can I use my garden bore?

In Western Australia, garden bores do not need to be licensed if they are used for irrigating small areas of garden and lawn (fewer than 2,000 m²) and the water is taken from the shallow, watertable aquifer (such as Perth's Superficial aquifer). To help save our precious groundwater and only give gardens the water they need, the following permanent water efficiency measures and exemptions apply to garden bores in Perth:

Two rostered watering days a week in Perth and Mandurah

 As a necessary measure to protect our groundwater resources, the domestic garden bore roster has been reduced to two days per week, to align with the two-days-per-week scheme water roster in Perth and Mandurah. The new roster started 1 September 2022.

Daytime sprinkler use is restricted

You can use your garden bore once on a rostered day, either before 9am or after 6pm. This reduces the amount of water lost through evaporation.

Switch off sprinklers for winter

 You must not use sprinklers from 1 June to 31 August each year in Perth and the South West. Your garden already gets enough water during this period thanks to winter rain and lower evaporation rates. Automatic exemption for maintenance

• You may use your garden bore and sprinklers while the system is being installed, maintained, tested or repaired, to the minimum extent necessary. We recommend a

maximum of two minutes per station, and to carry out work on your roster days, before 9am or after 6pm. New lawn and garden establishment

• You must apply for a temporary exclusion from sprinkler restrictions if you need to water new lawns and gardens while they're being established.



For more information and to find out your rostered watering days visit wa.gov.au and type in check garden bore water restrictions

2-day Rostered WATERING



WATER

From 1st September 2022, the sprinkler roster for Perth and Mandurah bore owners is aligned with the scheme water roster of two watering days per week. This is in response to climate change and the need to rebalance our groundwater use with reducing rainfall

It is crucial to get the right amount of water to the plant as efficiently as possible. Here are a few tips and tricks to help you achieve a healthy Waterwise garden and support a two-day watering roster.

Irrigation System

- Check your irrigation system is working properly. Understand how much water is being applied per unit of time. Too much time will waste valuable water, not enough time will kill your plants.
- · Check your sprinklers are working properly. This includes not bypassing seals, sprinkler nozzles aren't blocked, and grass is cleared from the sprinkler.
- Be aware how much water is required by each section of your garden and make sure your system does not over-spray or under-spray.
- For more information on how to test your irrigation system visit: watercorporation.com.au/irrigationtest.

Irrigation (ontroller

Use "smart technology" controllers so your irrigation system automatically adapts to weather conditions in advance. If sufficient rain is forecast, the system can be shut off. If marginal rain or cool conditions are forecast, watering time will be reduced.

Sprinkler Types

- It is important to remember that different sprinkler types DO NOT have the same watering rates to apply a standard drink.
- Lawns and gardens need a minimum of 10mm of water, twice a week to survive the summer heat. The graphic below has been designed to help you identify the correct run time for the sprinklers you have in your garden. Ideal sprinkler run times are also determined by soil type and the water requirements of your plants.

If you need further help, contact your local Waterwise Garden Irrigator. These endorsed waterwise professionals are fully trained in best practice for domestic irrigation systems. Find your local irrigator at watercorporation.com.au/specialists

Know your soil type

Test your soil to understand what type it is. You need to know the pH level, water and nutrient holding capacity and existing minerals. One tablespoon of soil holds more than 20,000 microbial organisms. This includes microscopic fungi and bacteria, nematodes, protozoa and earthworms. If you feed your soil, you will feed your plants.

- Clay found in the hills and Wheatbelt
- Sandy found along the coastal strip of WA. Loam found in the hills and inland
- Duplex a combination of one layer on top of another eq. sand over clay, loam over sand.

Soil Amendments

 Non-native plants and edible plants will require soil inputs such as compost, manures, bentonite or kaolin clay, rock dust and biochar.

Mulch

- Mulch is like a sunscreen to your soil. Apply 5mm-10mm in depth.
- Choose a chunky coarse mulch, which is better for water saving over soft, fine mulches like straw and lucerne.
- Woody element and large particle size mulch that prevents evaporation and allows moisture to enter the soil. Top up mulch every year.

Fertilise

- Choose slow-release fertilisers with added trace elements that are river safe and low in phosphorous. Look at the breakdown
- on the back of the container to ensure it has extra minerals.
- Always water after applying fertiliser and never fertilise during heatwayes. Apply liquid amendments such as liquid fertilisers, seaweed or kelp solutions only during the growth period.

Sprinkler Watering Run Times Williams WATER waterwise It's important to remembe that different types of sprinklers have different watering run times. This table can be used as a quide if you need to **POP-UP/FIXED SPRAY GEAR DRIVE ROTOR** program your controller 1000 100 J. 10 1 10 21 21 Approximate watering 35-45mm 15-20mm 35-45mm 10-15mm 10-20mm rate (per hour) Suggested run time to apply 30-40 minutes 13-16 minutes 40-60 minutes 30-40 minutes 13-16 minutes 10mm standard drink* *These are recommended run times for sandy soils and may Like our Facebook page "Waterwise Irrigation facebook need to be adjusted for other soil types like clay or loam. Programs" for more tips & promotions

Contact your local Waterwise irrigation professional for expert advice www.waterwiseprograms.com.au

Sample tabl	le of analysis of fertiliser content	W/W				
	Nitrate	0.5%				
Nitrogen – N	Ammonium	6.0%				
-	Total Nitrogen	6.5%				
	Water Soluble	0.6%				
Phosphorus – P	Guano	0.4%				
	Total Phosphorus	1.0%				
	Sulphate	4.2%				
Potassium – K	Natural Mineral Ore	0.8%				
	Total Potassium	5.0%				
Calcium - Ca	Natural Mineral Ore & Carbonate	6.5%				
	Sulphate	8.0%				
Sulphur – S	Natural Mineral Ore	2.0%				
	Total Sulphur	10.0%				
Magnesium - Mg	Natural Mineral Ore & Sulphate	2.0%				
Iron – Fe	Natural Mineral Ore	3.5%				
Silicon – Si	Natural Mineral Ore	9.0%				
Manganese – Mn	Total Mineral Ore & Sulphate	5500ppm				
Zinc – Zn	Total Mineral Ore & Sulphate	550ppm				
Copper – Cu	Total Mineral Ore & Sulphate	500ppm				
+ 49 other trace elements						

Wetting Agents

 Apply wetting agent granules or liquid to your turf and gardens. This will help water soak through the soil to the roots where it can be used by plants. Our sandy soils in WA are typically hydrophobic. A wetting agent is considered the olive oil of turf as it helps water stick to soil instead of sitting on the surface and not being absorbed.

Understanding your plants

The rate at which plants lose water through transpiration varies with the type of plant and location. If possible, choose low water use plants suited to your conditions and group plants with similar water needs. This will enable you to water various parts of the garden differently. For example, annuals, vegetables, and pot plants may need shorter, more frequent watering by hand.

Hydrozones

 Design your garden according to water and soil needs by clustering the plants together on different irrigation stations. For example, fruit trees and vegetable gardens will require more watering than mature trees or a native garden.

Native Plants

- Not all native plants are drought tolerant. Many come from higher rainfall and lower summer temperatures. To find waterwise plants that will grow best where you live, visit: watercorporation.com.au/plants For more waterwise tips and tricks visit
- watercorporation.com.au/waterwise

Millimetres..... not minutes!

The local weather station reports how much rain has been received in millimetres, not minutes. 1mm of water (applied either by rain or irrigation) = 1 litre of water applied evenly to 1m². However, 1mm of water applied to the soil's surface will soak in further than 1mm.

The roots of most plants are located within the top 30cm of the soil. For Perth's generally sandy soils, a 10mm "standard drink" per rostered watering day is sufficient to ensure water is readily available for the plant's roots

Overwatering may cause excess run-off or water to penetrate below the rootzone and be wasted. Our water is too valuable to waste.

(atch (ups to measure a

You can measure how long each sprinkler station takes to apply a 10mm standard drink using catch cups. Free catch cups are available from Waterwise Irrigation Design Shops while stocks last. Find your local store by visiting watercorporation.com.au/specialists.

A few things to remember:

- Watering before 9am allows plants to use water throughout the day
- Check and maintain your irrigation system regularly

- Don't mix different types of sprinklers on one watering station
- Always replace like for like when replacing broken sprinklers
- For professional advice, contact your local Waterwise irrigation professional
- Remember to turn off your sprinklers if rain is forecast Seasonal adjustments should be made to sprinkler run
- times outside of Summer months see table below

Month	Seasonal adjustments
JAN-FEB	100%
MAR	80%
APR	60%
MAY	Manual operation of controller as necessary
JUN-AUG	System turned off (winter sprinkler swith-off)
SEP	Manual operation of controller as necessary
OCT	60%
NOV	80%
DEC	90%

Turf - choice of variety is important

- Couch, Buffalo, Zoysia, Queensland Blue and Kikuyu turf need lower amounts of water when correctly installed and maintained. They have excellent heat and drought tolerance. Cool season grasses are not suitable for our
- WA climate. They have poor heat tolerance. low to average drought tolerance, and use far more water. Examples of cool season grasses are Ryegrass and Tall Fescue.

Turf Maintenance

• Aerate and verticut your lawn in Spring before the heat of Summer. Removal of thatch, (spongy brown section of grass below the green leaf), by verticutting and aerating compacted lawns will assist in better penetration of water and nutrients.

TIP: Make sure to also dethatch lawns every few years. If the thatch layer becomes thicker than about 2.5mm, it can intercept water and plant nutrients. This will restrict the amount of water to the root zone and can also cause disease

• Treat your lawn at least four times a year with a reputable, good quality wetting agent and soil moisture retainer. This will improve water holding capacity and eliminate dry patches. The best times to apply are beginning of September and December, late February and in July.

TIP: If your lawn is dying or dead, water alone won't bring it back to life. Water will pool on the surface, flow to the lowest point, and disappear down a drain if this simple maintenance program is not undertaken.

 Fertilise frequently but very lightly. You need a quality, environmentally friendly, slow-release lawn food. Frequent, light application (approx. every two months), keeps your lawn healthy by improving tolerance to limited water application. Also apply a liquid fish emulsion or kelp and humate/carbon-based product around the same time. This will assist your lawn in healing damaged leaf and root fibres and support development of good soil health.

TIP: As a rule, you should apply no more than 2kg of synthetic fertiliser per 100m². An ice cream container is roughly enough for the average front and backyard. Anything more than this is a waste

Keep your lawn mower blades sharp. Dull blades damage lawn leaf and increase moisture loss. Never take more than a third of your lawns leaf at one time. Mowing hard and low particularly in summer, will accelerate evaporation from the soil under your lawn. Cutting turf too low inhibits photosynthesis which is not ideal.

TIP: Don't mow too low and keep blades sharp.

www.watercorporation.com.au

To learn more on installing and caring for a low maintenance lawn, visit watercorporation.com.au/waterwise



10mm Standard Drink

CITRUS

— by Deryn Thorpe —

The trifecta of sweetly-scented white flowers, glowing edible fruits and glossy green leaves make citrus one of the best evergreen shrubs for Perth gardens.



ORANGE

nce upon a time the only two oranges available were the relatively seedless, latefruiting Valencia orange and the sweet Washington navel orange which is still one of the very best eating oranges, ripening in June and July in Perth. Its fruiting is followed by the Navalina, which is similar to the navel, though the fruits are bigger.

Now the range has widened and includes the fashionable Maltese Blood and Ruby Blood, both which have deepred flesh and juice — though often they are more streaked than fully bloody in colour. The fruits keep on the tree for months once they ripen, proving in sweetness as they age.

LEMON

There was a time when every backyard had a lemon tree — usually the thornless Eureka variety, which fruits and flowers all year round and grows to about 5m high and about 3m wide. Meyer is a smaller-growing lemon with a less acidic flavour as it is a cross between a lemon and an orange.



MANDARIN Easy-to-peel mandarins are king of the

school lunchbox because they are small and sweet. The most popular variety in Perth is the Imperial, which is the best early-fruiting variety, as it fruits before fruit flies are around in big numbers. Its fruiting is then followed by Cara, Ellendale and Murcott. When picking the fruits use sharp secateurs and cut back the stem by several centimetres to encourage new fruiting wood.

CUMQUAT

The smallest growing citrus is the cumquat. Varieties available in nurseries include Calamondin, Meiwa, the sweet oval fruited Nagami, which can be eaten skin and all, and ornamental variegated leafed varieties. They are excellent for pots, though most citrus can be grown this way if the pot is big enough.



: All parts of the citrus tree are useful.

- The aromatic rind of the fruits is full of oil, which is used in the cosmetic, food, medicine and cleaning industries.
- Flowers of the bitter orange blossoms
- produce perfumed neroli oil; the leaves
- of some varieties are used in cooking,
- and the delicious flesh and juice of the
- fruit which are said to stimulate
- digestion are
- eaten fresh and turned into jams.



LIME

Piquent limes add a zing to food and drink. The West Indian limes are native to Malaysia and are more cold-sensitive than the Tahitian lime, growing best in tropical areas. Although named as a species, the Tahitian lime is thought to be a cross

between the West Indian lime and a lemon or grapefruit. Fruit can be eaten when green but is still piquent when it ripens to yellow.

It is the aromatic leaves and not the fruit of the Kaffir lime — a thorny native bush of Indonesia — which is used to flavour Asian food, especially curries. If you run out, the young leaves of any citrus make a satisfactory substitute.



NATIVE CITRUS

There are six different varieties of Australian native citrus which come from rain forest areas. Plants are best in a position with afternoon shade. Best known are finger limes which are thorny plants bearing finger-shaped fruit with pearl-like pulp which makes a stylish garnish.

CARING FOR YOUR CITRUS

Citrus prefer full sun positions and are surface rooted, so avoiding underplanting and mulch out to the drip line. Fertilise lightly with an organic, pelletised complete fertiliser in late winter and spring, but water well before fertilising to avoid damaging the roots.

Trees grown in Perth sands often have pale leaves. This is a symptom of nutrient deficiency and plants should be sprayed with complete trace elements. Keep trees to a managable size by pruning after harvest in winter to early spring, before bud break

GRAPEFRUIT

Originating in Barbados, grapefruit are named because the fruit hangs in clusters. The most popular variety is Marsh, which is an almost seedless white-fleshed

variety. Pink-fleshed grapefruit are now more fashionable and include Ray Ruby, Ruby Blush and Henderson.



Don't expect Perth-grown grapefruit to be as sweet as those grown in places like Carnarvon, where the higher evening temperatures result in sweeter fruit.

TANGELO

These are a red-orange colour and are crosses between a mandarin and grapefruit. The two most common varieties of the tart-yet-sweet flesh are Minneola (which has a bell shape with pronounced neck, few seeds and mediumto-big fruit) and the heavy-cropping and juicy Seminole.

••••••

Deryn Thorpe is an award-winning print and radio garden journalist, tour guide and Perth garden consultant.

2022 FEATURE PLANTS



CARNIVOROUS PLANTS

Carnivorous plants come in a range of beautiful colours and shapes. From the exciting snapping jaws of the Venus Flytrap, to sticky tentacle-laden leaves of the Sundews, to the pitfall traps of the American Pitcher plants, and amazing hanging pitchers of Nepenthes.

RedRock Nursery prides itself on supplying WA with exciting plants for your home, grown in Perth for our climate. Come see these amazing plants for yourself!

Available at RedRock Nursery - Site 15



RHODOHYPOXIS BAURII

A tuberous perennial that begins flowering in spring, and continues on through to autumn. Cultivars include R. 'Albrighton' with stunning magenta flowers, R. 'Fred Bloom' with soft pink flowers, and R. 'Ruth' which offers white blooms with a pink blush.

They make a wonderful display in a container with its tufts of furry green foliage, or out in the garden as a ground cover. Can tolerate full sun.

Available from Fickle Prickles - Site 9.

LAVENDAR PARK

This one has it all! Sometimes you come across a plant that 'ticks all the boxes'! The Tall Bearded Iris ('Lavendar Park') does this.

This award-winning plant is bred by Australian Graeme Grosvenor. It is an early spring bloomer, evergreen, drought/frost tolerant, and scented too! It multiplies so you can share with friends, and is suited to mass plantings.

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CALADIUM 'WHITE CHRISTMAS'

Perth Plant Lab is proud to announce the Caladium White Christmas as our feature plant. We will be stocking large Caladiums upwards of 40cm tall with pure white dinner plate-sized leaves.

Available at Perth Plant Laboratory – Site 20





BERRY BLISS

You can create berry bliss in your own backyard! Berries are great for growing in containers at home. We recommend you start with blueberries, then add blackberry thornless, and complete your berry bliss with raspberry. Boysenberry, loganberry and youngberry are also available to add to your berry collection.

Parkerville Berry Company Blueberry Liquid Fertilizer is the ideal fertiliser as this is specifically designed for berries.

Available at Supreme Plants - Site 5





BUDDLEJA BUZZ 'SOFT PINK'



BUDDLEJA BUZZ 'VELVET'



CALIBRACHOA 'BLACKCURRANT PUNCH'



GREVILLEA

SALVIA 'SO BLUE'

'DOROTHY GORDON'

CALIBRACHOA 'DOUBLETTE LOVE SWEPT'



CALIBRACHOA 'GRAPE PUNCH'





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Our vision is to be the most reliable source of premium new and used equipment, service and solutions. To reach this goal, we have a company culture driven by our core values of integrity, teamwork, accountability, passion and service excellence.





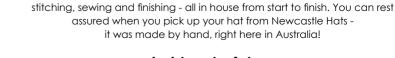
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AFGRI Equipment is proud to attend the Perth Garden & Outdoor Living Festival again this year. Be sure to stop by the AFGRI site and talk to one of our friendly equipment specialists. We're here to help!



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At The Green Life Soil Co, our approach is to provide you with living, healthy soil; tailor made from a range of quality ingredients that you won't get in most other mixes. We believe it makes a positive impact on our gardens and the wider environment — so if you like the sound of having 'living soil' (and healthier plants!) come and see us at Site 19.

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Does your garden have sandy soil? Or do you deal with clay? Here in Western Australia, our local soils are ancient and impoverished; which led to some magnificent adaptations by indigenous plants to cope. However, if we're trying to grow lush tropical plants, lawns or tender vegetables, we need to look at improving whatever soil we have got; replicating the conditions these plant species need to thrive.

If we work with nature, we can build long term soil health and provide maximum benefit for your plants.

At Green Life Soil Co, our approach is to provide a wide range of nutrients from animal and plant material, plus in a rock mineral form, and to allow microbes to go to work to turn these nutrients into a plant available form. This takes longer, but the key is that soil health builds over time. Healthy microbial populations build the environment for larger soil creatures (arthropods and worms) which are then food for larger animals.

Plants develop beneficial relationships with soil microbiology — feeding soil microbes simple sugars in exchange for nutrients that must come from the soil. This is part of the whole soil food web cycle — the way nature has always done it. A variety of inputs to your soil ensures a wide range of food for soil life; creating a broad spectrum of available nutrients for your plants, resulting in nutrient-dense healthy produce for humans to consume, as well as more robust plant growth.

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Tool Kit Depot has entered the market with one purpose: to be the ultimate one-stop-shop for busy trade professionals who love what they do.

The fresh new stores are shaking up the tool category by providing everything trade pros need — tools, safety gear, outdoor power equipment, workwear, service & repair, tool hire and much more — all under one (big) roof.

A grass-roots success story, Tool Kit Depot is the new face of a highly successful family-owned tools and servicing business from SA. With a history that dates back to the 1940s, they built their success on their extensive range and expert service qualities that are still core values of the business today.

Tool Kit Depot boasts the biggest range of premium quality products in Western Australia — all designed to work just as hard as their customers. Their huge range of over 10,000 products in stock includes power tools, hand tools, outdoor power equipment and gardening tools, workwear, construction equipment, welding equipment, air compressors, storage solutions, safety and protective equipment, accessories and so much more.

TKD stores are located across WA and SA, with more stores popping up across the country. Tool Kit Depot's online delivery options are second-to-none, built on a forward-thinking business model that is revolutionising the category. They're the first to offer low-cost same-day metro delivery — a life-saver for trade pros caught in a tight spot.

The range on offer spans the brands every tradie knows and loves: Makita, Milwaukee, AEG, DeWalt, Kincrome, Husqvarna, Metabo, Cigweld, HiKOKI, Hard Yakka, Festool and more. Of course, you'll save coin too, thanks to low everyday pricing, great deals and Price Match Guarantee. No need to shop around for deals — if you've seen it cheaper elsewhere, Tool Kit Depot promises to match any competitor's price.

Tool Kit Depot also offers an in-house workshop service for tool servicing and repairs, blade sharpening and more. They service what they sell, are warranty agents for most major tool brands, plus offer test & tag and pre-delivery start up on new equipment.

Same-day servicing is also offered (subject to availability) and if you just can't miss your deadline, quality tool and equipment hire is also available. Tradies can also sign up for a TKD Trade Pro account. Members receive VIP benefits with commercial pricing, a dedicated Account Manager, 30-day account options and more.



The new tool destination for trade professionals young and old

With tradies in hot demand all over the country, your time is more precious than ever before.

Tool Kit Depot is committed to only stocking quality brands that last the distance. With options to suit the weekend warrior right through to the professional builder, they have the right product at the right price, for everyone.

Walking into a Tool Kit Depot store you immediately feel the difference — rather than a tired tool supermarket, this is a space for those with true expertise, a passion for their craft, and an appreciation for their tools.

The Tool Kit Depot team works hard to create a tradie's paradise, with tools beautifully arranged in hands-on displays that make it easy to find exactly what you're looking for.

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BONSAI SOCIETY OF WESTERN AUSTRA

A bonsai is a living object which, with time and a bit of patience, becomes a living sculpture expressing with its pure forms; a poetic interpretation of the natural world.

onsai were first introduced to the western world at the 1889 World Exhibition in Paris. Originating from China, where it is called Penjing, in 200 BC, the art of Bonsai came to Japan in 600 AD and **D** was first adopted by Japanese Zen Monasteries. After 1800, bonsai began to grow outside the limited scope of scholars and the nobility to become a widely popular hobby and art form enjoyed by ordinary Japanese people. Only after WWII did the West really take notice and practice bonsai, learning eagerly from the Japanese tradition. Today it is practised throughout the world. The 9th World Bonsai Convention was to be hosted here in Perth in 2021 but due to Covid is now being held as a Virtual Convention this October.

An ideal shape does not mean a perfect shape, as the best tried-and-true knowledge for a successful hand of nature with all its little accidents still need to bonsai cultivation. In Perth, the Bonsai Society of WA, be seen on a bonsai.

Without understanding the horticultural aspect of plant care, a bonsai cannot thrive, and will suffer. Torturing a small tree with poor care will only lead to a rapid demise. A solid horticultural understanding of plant management will allow a bonsai to flourish.

A well cared for bonsai lives a happy and long life; the oldest recorded bonsai is over a 1,000-year-old! At last years' Perth Garden & Outdoor Living Festival, our stand was visited by Ted, who grew his first bonsai as a school class activity. Ted is now 70! His first bonsai must be 60 years old, and possibly one of the oldest Bonsai in Western Australia.

Abonsai does not need to follow Japanese aesthetics, or cultivars, and a growing number of native trees are cultivated into bonsai. You can grow several miniature Paperbarks, Gum trees, or Melaleucas in a bonsai pot! Developing native species into bonsais makes a lot of sense since they are more suited to our climate and are better connected to our culture.

With bonsai cultivation, you will learn about botany, horticulture, discipline, patience, aesthetics, art and peace. The practice of bonsai is an opportunity for self-expression, but will also satisfy and quiet the soul. A welcomed relief from our fast-paced lives.

Joining a Bonsai Club, alongside books and the internet, is the best way to acquire and develop the founded in 1976, has over 140 members. Other bonsai clubs can also be found in Perth's northern suburbs, Mandurah, Bunbury, and Albany.

Contrary to common belief, bonsai is not only practiced by pensioners, and for the last 10 years a growing numbers of young adults are now quite adept in the art of bonsai, bringing fresh energy and insight to the bonsai scene which is exploding worldwide.

The Bonsai Society of WA holds a number of events each year, and provides members with access to an incredible wealth of knowledge, often acquired over 30 years. With hands-on workshops and informal lectures, you surely will be starting on the right foot. The education course is fun, affordable, very popular and open to non-members. You will even create vour own bonsai in training, for you to take home in its nice and shiny new bonsai pot.

You can contact the Bonsai Society of WA through email at enquiry@bonsaisocietywa.com www.bonsaisocietywa.com

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HOLMAN



HOLMAN 30-

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Kleenheat let life flow





Kleenheat Kitchen

DEMONSTRATION SCHEDULE

	THURSDAY OCTOBER 27	FRIDAY OCTOBER 28	SATURDAY OCTOBER 29	SUNDAY OCTOBER 30
1.00am - 1.45pm	Guy Jeffreys Spicy chicken mince lettuce cups	Caroline Taylor Chicken Saag with Greens	Jenny Lam Soy & pepper braised eggplant	Gord Kahle Sauteed Mushrooms with chicken vinaigrette, macadamias & sourdough crackers
2.00pm - 2.45pm	Guy Jeffreys Greens and anchovy with polenta	Caroline Taylor Japanese savoury pancake	Jenny Lam Vegetarian fried rice	Gord Kahle Vegetable fritters with herbed yoghurt and hot sauce
00pm - L.45pm	Guy Jeffreys Spicy chicken mince lettuce cups	Caroline Taylor Chicken Saag with Greens	Jenny Lam Soy & pepper braised eggplant	Gord Kahle Sauteed Mushrooms with chicken vinaigrette, macadamias & sourdough crackers
2.00pm - 2.45pm			Jenny Lam Vegetarian fried rice	Gord Kahle Vegetable fritters with herbed yoghurt and hot sauce

Compèred by Deryn Thorpe from 'All The Dir



NURSERIES

- Succulent Planet
- Coast Road Palms
- Supreme Plants
- Tucker Bush & WaterGreens

- Bromeliads WA
- Tass1 Trees
- Jane Brooke Nurserv
- The Green Emporium
- The Old Oak Nursery
- Crazy Garden WA
- The Green Life Soil Co
- Perth Plant Laboratory
- Muchea Tree Farm
- Nursery & Garden Industry WA

EXHIBITORS

- 1 Verigrow
- 2 OzShut Rollershutters
- Ecko Gecko/Carnaby's 23 Cruisaders
- 25 Moore Catchment Council & The Last Stand
- Austech Illusions
- 26
- 27 Sharpen-All
- City of Perth 28
- 30 The Rose Society of WA
- Royal Life Saving WA 31
- 32 Gardeners' Circle WA
- Orchid Society 33
- 34 Sunsmart Van
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45 The Charlick Turmeric Method

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- 83 Penguin Empress Studios
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 - 91 Urbanstone
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 - 93 Channel 7, The West Australian, PerthNow
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- & York Garden Ornaments

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101 Willie Wildlife Sculptures

Guildford Trading Co.

Sabrina Hahn & Growsafe

Martin Jaine Sculptures

Green Earth Enterprises

Richgro Mainstage

Swinging Chairs

Richgro

Arbortech

TruYard

115 Solargrid

110 Little Veggie Patch

114 AFGRI Equipment

116 Metal Art Creations

117 Boya Equipment

118 Kleenheat Kitchen

122 Stealth Garden

119 Urban Landcare Feature

Outdoor Elegance

130 Metal Garden Sculptures

Better Living Australia

123 Argosee Greenhouse Technology

102 Nordic Cabins Australia

131 Baileys

134 Stratco

138 Makita

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132 Holman Industries

133 Irrigation Australia

Tool Kit Depot

BBQ's Australia

Dirty Clean Food

Watershell

124 Wasai Garden

127 LIAWA

129 WALDA

125 Bonsai Society of WA

126 Araluen Botanic Park

Sleeptime Australia

144 Bird's the Word (Birdhouses)

SHOW GARDENS

High Tea

West Winds Gin - Gin Class





MEET THE LANDSCAPERS

DISCONNECT TO CONNECT GARDEN LEESA HART & MING JOHANSON

The Disconnect to Connect Garden invites you in to sit, sip tea, relax and enjoy the view. Enjoy the sights, scents, and sounds of this vibrant, living space.

Walk the labyrinth, taking an inward journey as you walk to the centre, leaving behind what's no longer needed as you journey out again.

Take a break from the doom-scrolling, endless notification 'pings' and non-stop hustle.



Leesa Hart is an avid believer in the healing power of nature, especially the influence on mental and emotional health. Gardens invite connection and interaction between

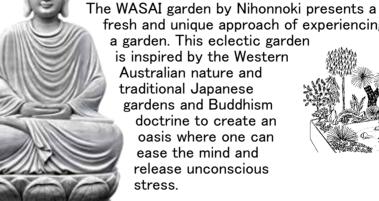
humans and nature, with ease

of accessibility and meeting the

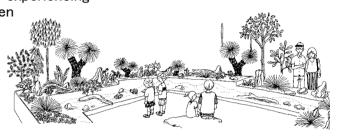
need for peace, and healing in unique and meaningful ways. Leesa's particular interest is in creating healing gardens and facilitating workshops for those experiencing grief and major life challenges.

Ming Johanson, aka The Mother of Unicorns, is a passionate mental health ambassador for R U OK Day, and cofacilitator in Startup Weekend Perth. Ming is a regular media commentator and speaker on a range of topics in mental health, social media and technology as well as facilitator of digital disconnect retreats 'Disconnect to Connect' where personal and business transformation take place within a beautiful natural setting.





fresh and unique approach of experiencing a garden. This eclectic garden is inspired by the Western Australian nature and traditional Japanese gardens and Buddhism doctrine to create an oasis where one can ease the mind and release unconscious stress.



WASAI GARDEN

using the Japanese characters for

Happy Zen

harmony 和 (wa) and planting 栽 (sai).

WASAI 和裁

Designed by Daichi Hayashi (Nihonnoki)



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our experts?

Our members are committed to the importance of healthy plants and the growth of gardens in our landscape.



Boyanup Botanical Μ Coast Road Palms Dawson's Garden World -Forrestfield, O'Connor, Swanborne & Joondalup Ellenby Tree Farm Pty Ltd **Everyday Potted Plants** 0 Fickle Prickles (online) S Fruit Tree Man Garden Elegance Geographe Community Landcare Nursery Grasstrees Australia Greenlife Soil Co. Guildford Town Garden Centre Hamel Nursery (by appt) Ζ

The Green Life Soil Co. The Wetlands Centre Cockburn Tulips With A Difference (online)

Katanning Environmental Nursery

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PERTH GARDEN & OUTDOOR LIVING FESTIVAL 2022 | 39



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stores, open 7 days a week. Plus, late night shopping is available every Friday night to kick start your weekend right.

LOCAL TIP: Stroll down William Street in





PLAY

EXPLORE

Discover all about

Perth's rich history

LOCAL TIP: Perth's WA Museum Boola





Discover

our City

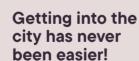
of Light!

回接回

LOCAL TIP: Awaken your senses and delve into a diverse range of cuisines located all

Play on in the city! The city and Northbridge are brimming with bars and nightlife to enjoy all year round.

LOCAL TIP: Cosy up and enjoy a drink at



City of Perth Parking has a range of promotions to get you into the city. Enjoy 3-hour free parking on weekends, free night parking all week from 6pm, plus loads of other offers. Find more details at cityofperthparking.com.au

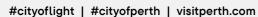






www.ngiwa.com.au

The City of Perth hosts a range of events throughout the year. Scan the QR code to check out your official guide for what's on in Perth city. \odot













2022 FEATURE PLANTS

SYNGONIUM **RED SPOT TRICOLOUR**

Syngonium Red Spot Tricolour is a rare house plant and one of the most desired Syngonium out there! Its unique and colourful appearance makes it a have-to-have plant among collectors. An incredible unicorn plant and we absolutely LOVE IT!

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EUCALYPTUS MACROCARPA

Eucalyptus macrocarpa is a mallee which is unique to Western Australia. It would make a beautiful feature in Southwest gardens and road verges with its large grey leaves and big red flowers.

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REJUVENATE YOUR WITH BAILEYS

Mid-to-late spring is the best time to renovate your lawn — a term used to describe the process of removing thatch, aerating, and improving the soil profile. Why not take your lawn to the next level this spring and create the ultimate entertaining area for BBQs, backyard cricket and beers!

STEP 1: DETHATCH

If your lawn feels spongy under foot, or there's lots of brown dead matter in the profile, it has a thatch build up and now's the time to remove this layer.

Option 1: Bring in a vertimower, which cuts vertically down into the thatch and throws it up onto the surface for removal. Suitable for a big build-up of thatch or a large area.

Option 2: Scalp the lawn by cutting the lawn down to the lowest setting and going over the grass two or three times. It's important to remove the clippings. Lower the mower for each cut across the entire area until all signs of green growth are removed, and the lawn is brown. Be careful not to go too low using this method on varieties such as soft leaf buffalo which rely on above ground runners to recover.

STEP 2: AERATE

Aerating compacted soils improves the amount and movement of oxygen, water and nutrients in the soil. This will produce a dense and thriving lawn.

Option 1: Coring equipment can be hired for heavily compacted or large areas to make the job easier. As a lawn corer moves over the lawn, it punches holes into the lawn and pulls out plugs of soil, thatch, and lawn, leaving open holes in the lawns surface.

Option 2: Grab a sturdy garden fork and push it around 5cm into the soil then gently rock back and forth to open the holes up. Continue over the whole lawn area at around 10 cm spacings.

STEP 3: WETTING AGENT

Make the most of the water you apply by now adding Baileys Grosorb to treat hydrophobic soils. This reduces run-off by allowing water to rapidly soak through the soil.

STEP 4: FEED

Fertilise with Baileys Turfect Energy. This complete, 3-in-1 fertiliser contains a fusion of fast and slow-release nutrients, soil improvers and bio-stimulants in one, easy-to-apply mini granule. Spread evenly at a rate of 50g/m2.

STEP 5: TOPDRESS

WA's sandy soils benefit from an organic topdress to encourage greater populations of soil organisms and improve water and nutrient holding. Dress with Baileys Lawn Reviver, spreading thinly and evenly over the grass. Then massage this material into the lawn using the back of a flat steel rake or a specific lawn spreader tool.

STEP 6: WATER

Water in well to make sure the topdress settles into the body of the grass.



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the '90s, Arbortech CEO Kevin Inskter, and his newlydeveloped wood carving blade, trotted down to the local woodworking show with a simple bench and a lump of wood to demonstrate his invention. The blade sold out, hundreds of orders were taken, and Arbortech was born! We absolutely live for a demo and we're full to the brim with ideas and inspiration for home and garden projects. Come see us at Site 109 and cash-in on our exclusive show specials including the ultimate woodworkers tool: the Arbortech Power Chisel for just \$195, a massive savings of \$84!

Ideal for detailed and intricate work, this tool is extremely safe, easy-to-use and features a release function for quick and easy change of blades. You will also save 5% off our show-discounted range of woodworking tools. Available this weekend only!

Stop in and see us at Site 109, and check out garden inspirations at arbortechtools.com/au/inspiration/projects



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COMMUNITY SPECIAL GUESTS

GARDEN culptures

Having been raised in the country in the farming industry, I have very practical building and farmyard engineering skills, along with ingenuity for using what was available to make things work. Combining this with my passion, skills, and degree in Fine Art; the visions in my imagination have brought me

I feel like I am preserving the dignity and heritage of our lands into the future for all to experience. I am also grateful that I can contribute positively to climate change in the world by recycling and energy saving. My niche is creating useful beauty from repurposed farm machinery. I look forward to sharing my creations at the Perth Garden Festival and bringing pleasure to others.



MARTIN JAINE SCULPTURES

From farmer to antiques dealer, builder to sculptor, Martin is the man behind the brand. Martin has spent many years getting his hands dirty while lovingly polishing fine antiques, and restoring historic properties in and around Perth.

Martin Jaine Sculptures at Earlsferry House started in 2011 as a hobby and now has three employees making handcrafted sculptures from recycled materials.





Dee the 'SteelLady' is WA's own true blue rural 'WhiteSmith' — a third generation farmer's daughter who at a very early age tagged along with her three older brothers; gathering old bits of farm machinery and mini garden adornments to create with.

My garden art creations started with using tin snips and nibbler. Then my awesome son presented me with a plasma cutter. This evolved into creating many different designs of flowers, cut from sheet metal and fabulous old corrugated iron, to welding beautiful old bits of farming history into original affordable true blue handmade garden art, with no two pieces identical.

Visit Dee SteelLady's saleable display at 'Corrugated Farm' at 139 Avon Terrace, York. Call 0417 096 163.

BIRD'S THE WORD

Rod and Gill started Bird's The Word back in mid-1998 and have grown since then regularly attendeding markets and interstate events and garden shows. A proud familyrun business, our kids helped out from an early age and still do to this day.

Rod's passion and artistic talent for his trade of welding has continued to shine and bloom over the years, developing a unique style from birdhouses to garden art and sculptures. None of our designs are generic... We draw all our own designs freehand, making our work distinctive and exclusive.

birdhouses.com.au

SITE 144

Meet the masters of glorious garden art!

"Where others see junk scrap metal, I see potential art."

Peter James Metal Art Creations



Austech Illusions are a proud Western Australian company specialising in a wide range of areas from garden art to largescale sculpture design and installation. Founded from the Covid downturn, sculptor and artist Stephen Rowe has truly put together something special — encompassing all areas of the art world spectrum.

family — with his work reflecting his love for them and their home state of WA. From the state-of-the-art workshop in Midvale, Steve and the Austech team create candidly insightful forms from everyday and industrial objects to produce one-ofa-kind pieces.

34 Stanhope Gardens, Midvale 6056. Call 1300 737 225.

austechillusions.com.au

WILLIE WILDLIFE SCULPTURES **SITE 101**

Willie Wildlife Sculptures are both passionate and dedicated to bringing you the world's finest garden sculptures. We specialise in designing and producing quality sculptures from large-scale artworks for public places to fun and unique birdbaths, all of which has been displayed several times at RHS Chelsea Flower Show. Each piece possesses those unique characteristics inherent in all Willie Wildlife Sculpture designs including a stunning sense of style and simplicity, the use of the highest quality materials, outstanding workmanship and a touch of humour.

Steve is inspired by the natural environment, his wife, and his

BOTANICA WORLD DISCOVERIES



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Stratco is supplying patios, sheds, storage and decking to The Block: Tree Change in 2022. Like millions of other Australians watching Australia's highestrating television program, you've likely seen the heavily customised Stratco Gable Roof Sheds and Stratco Outback patios taking shape for reveal.

Stratco design team worked closely with the contestants and The Block architects to ensure that they delivered beautiful patios and sheds that worked seamlessly with the multimillion dollar homes under construction.

Stratco engineers reviewed these designs and provided the products with any additional support required to ensure that they easily withstood the tough wet and windy, winter conditions of Victoria's beautiful Macedon Ranges.

This year at the Perth Garden & Outdoor Living Festival, Stratco is displaying two of the Outback patios featured on The Block — a Stratco Outback Flat with Stratco Cooldek insulated roof panels and a Stratco Outback Sunroof which is the Stratco automated adjustable louvre system.





So if you want the look made famous on The Block, visit Stratco at site 134, check out their world-class displays and talk with their experts. The team will be only too happy to arrange a time for an obligation-free quote and you'll be one step closer to bringing your outdoor entertaining dreams to life!

PLUS for the duration of the festival, as a visitor, if you register your interest, you'll be eligible for a 'manufacturer's rebate' of up to \$1,000.

For more information on Stratco's involvement on The Block, go to www.stratco.com.au/best-on-the-block/

* Prize pack valued at over \$250 retail - Product variety dependent on stock availability at the time - T&Cs via QR code above.

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1300 155 155 stratco.com.au TALK TO US TODAY ABOUT YOUR PROJECT



Time for an Upgrade?

If you are hunting for a new garden hose, but are tired of tangled eyesores with so many kinks the water won't flow, it might be time to upgrade to a Holman Retractable Hose Reel.

VERSATILE DESIGN

15m, 20m, 25m and

mount allows you to

of your garden easily

hose. When not in use,

the case can simply be

folded alongside the

wall to save space.

without kinking the

water every corner

30m models, our hose reels suit any yard size. The compact design, 180° swivel

Available in 10m.

Are Retractable Hose Reels worth all the hype? If you want easy handheld watering, an organised garden, and a hose that's always ready to use, then—spoilers—YES, Retractable Hose Reels are an excellent asset to any garden.

Choosing the right watering solution for your garden can be tricky, but if you want to keep your backyard tidy, protect your hose from the weather, and versatility; Retractable Hose Reels are definitely worth the hype.

TANGLE-FREE

Once you've turned off your tap and removed excess pressure, simply tug on the hose again and guide it back into the housing. Our hose layering mechanism guarantees a kink and tangle-free retraction, every time.

EASY TO USE

The safety retraction mechanism allows you to pull out the hose to the length you want and lock it there. All you have to do is walk with the hose to pull it out to your desired length and tug to lock it in place. Eliminating the need to have excess hose length and preventing the hose from tangling.

MULTI-FUNCTION SPRAY GUN INCLUDED

The 7 Function Spray Gun allows you to easily water depending on your task or plants. Adjust the flow as needed and don't worry about any leaks or drips. The functions are easily adjustable allowing you to choose from: FULL, MIST, JET, SHOWER, FLAT, CENTRE and CONE. The jet is great for washing away stubborn dirt. Shower and mist functions are best for watering delicate plants, and flat is ideal for your lawn.

COMPLEMENTS YOUR HOME

The neutral colouring of the case is designed to complement any outdoor space while keeping UV rays at bay from the premium hose — keeping the hose out of sight while it's not being used.

SIMPLE WALL MOUNTED INSTALLATION

Our Hose Reels come with all the parts needed for installation. Simply mount the bracket onto your wall of choice, add the securing pin, connect to your tap and you're good to go.

UP TO

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Seasol. A better way to grow...

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SEASOL FOR LUSH GREEN LAWNS

We use our lawns a lot through the warmer months for family entertaining and that backyard game of cricket, so spring is the perfect time to give the lawn a bit of TLC.

And grow!

For a lush, healthy lawn,

don't forget the Seasol.

The key to lawn success is getting maintenance right so the lawn can survive the stresses of spring and summer. Here are a few top spring lawn care tips so you'll have the best-looking lawn in the street!

Aerate your lawn to allow air, water and nutrients to filter down to the grass roots.

Rather than give your lawn a light daily sprinkle with the hose, try watering deeply but less often. Deep watering encourages grass roots to grow down into cooler soil and establishes a strong root system that is more tolerant to dry conditions. Check that water is going down into the soil. If it's pooling onto the soil surface or running of, the soil could be hydrophobic (repelling water). Applying a soil wetter such as Seasol Super Soil Wetter & Conditioner will help to overcome this problem.

THE SEAWEED SOLUTION

Give the lawn a regular dose of Seasol for Lush Green Lawns every month. It's a liquid fertiliser and health treatment all in one. It gently feeds and revitalises lawns, but also conditions the soil, which means you are taking care of your lawn above and below the ground.

For more info visit seasol.com.au

Engage the professionals

Our members are the professionals in the landscaping business!

We have members that are landscape architects, landscape designers, landscape contractors (residential and commercial), maintenance contractors (residential and commercial), tradespersons, suppliers of landscape materials, nurseries, turf, pots, outdoor furniture and sculptures. Members can also coordinate spa/pool building.

LIAWA members will:

- **abide** by Code of Ethics and Values
- **give** you peace of mind that the work and service will be of a high standard
- **present** creative and innovative designs
- advise on waterwise and sustainable gardens
- **advise** on optimizing your outdoor/indoor flow and space
- project manage your landscaping works to a high standard
- **deliver** a high level of customer service and support

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2022 FEATURE PLANTS

SARCOCHILUS

The Sarcochilus orchids are cool growing orchids that like shady conditions, even moisture, and are well suited for indoor locations. Colours range from white, pink, yellow to orange.

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Nestled in the heart of the Mundaring industrial estate, Newcastle Hats is a local manufacturer of quality bush hats and industrial headwear. Always striving to support the local community, Newcastle Hats employs local staff and uses Australian components wherever possible.

Newcastle Hats manufactures a collection of quality wide brim hats for a variety of uses — from durable school hats to earmuff hats — we make them all. Our Australian made hats aren't just for looks, they are made to withstand the toughest conditions because we use the very best materials sourced from Australian suppliers nationwide.

Newcastle Hats strive to provide the best possible protection from the sun. Most of the fabrics used in the construction of our hats are UPF 50+ rated (with the obvious exception of the Breeze mesh), and our wide brim styles all offer Excellent Protection from the sun. Whenever you see the UPF 50+ Excellent Protection logo you can rest assured the product complies with the AS/NZS 4399:2017 Sun Protective Clothing Evaluation and Classification.

The Newcastle Hats purpose-built facility also has the ability to custom make a variety of products from heavy duty cotton drill, leather, oilskin and other textiles. We can create lifting bags, machinery and equipment covers, satchels, duffle bags, boot covers, belts, carry bags, straps and much more — all 100% Australian Made.

The Newcastle Hats collection is owned and run by Vision Safe, a family business that has been located in Mundaring for more than 20 years. Vision Safe wholesales quality personal protective equipment throughout Australia and internationally — check out our website at www.visionsafe.com.au

A wide range of these hats are available to purchase at our stand at the Perth Garden & Outdoor Living Festival, and are also available to order online at www.insideoutsafety.com.au

No matter what the weather, you can rely on a Newcastle Hat for best protection.

The Newcastle Hats collection includes some great waterproof hats that will take you through the rest of the warmer season and out into winter. Styles like the Durack and Outback Hats, with a special mention to the latest addition: the sophisticated and extremely durable Isa Hat.

The Durack and Outback Hats are manufactured using high quality, soft finish oilskin to provide protection from the elements, whilst the Isa Hat is made from premium canvas which is water resistant for your protection in all types of weather.

Safety supplies to suit every lifestyle.

Complementing our Newcastle Hats range, Inside Out Safety also stock a wide range of other products. We are a onestop-shop for all your sun protection, personal protective equipment and gear, sourcing quality products from all around the world, to keep you safe and covered from tip to toe.

WATERWISE

It's a phrase we have become used to hearing over the past 20 years. Still to this day, it is a powerful message across our vast state when we think of gardening.

With climate change such a focal point in our lives now, being Waterwise has never been more important. With the Water Corporation rolling out a suite of Waterwise programs and initiatives, gardening practices are faced with important changes for the future.

Having come to Australia from the UK in 1994 and been involved in our industry for nearly 30 years, I have watched with interest how horticulture has changed. For much of that time, we have enjoyed growing all our favourite plants and have borrowed landscape design from around the world, just to connect with nature.

More recently, we have begun experiencing much harsher summers and in the last 12 months, the impact climate change



has had is evident with one of the hottest summers for our plants to try to survive in. Of course, some would argue that provided we prepare the soil, fertilise and water our plants freely, then we have every chance our home garden will survive.

Sadly, this is far from the truth. For plants to survive they need to adapt, and it is this ability that makes them better to grow in our gardens, rather than under a regime of steroids of constant feeding and watering. To see this in action, you need to visit some of the great national parks in our state such as the Fitzgerald River National Park. Visits to the outskirts of Bremmer Bay, Point Ann and further on along the Hakea Trail, tells us about how plants have adapted over the seasons. Poor soils, winds and water derived only from the sky has meant vegetation lives a life constantly on the edge, but yet it gives us a truly magnificent natural garden for us to explore.

Gardening is not easy, but it really is straight forward. What makes it tricky is that our gardens across the state can differ quite extensively.

In our central business districts, gardens are often small courtyards and balconies, battling their own challenges of poor light levels and surviving container planting. As we move out to the city's suburban areas, gardens become more complex. We have verges, a front and back garden, small corridors



between our neighbours (often only a few metres these days) and of course, the problem of parking two cars and having enough space for our beloved four-legged friends. These gardens must be practical and, with demands on reducing our water consumption by the state government (with the recent announcement of reducing use of bore water from three to two days), I am sure you are all wondering how your garden is going to stack up this summer.

As we move further out and head up to the hills, the challenges change once again, with concrete soils of gravel and steep slopes causing erosion of soils from water run-off. Add into the mix the threat of bush fires, and we can agree these gardens need to have a far more complex approach.



So what are some of the best tips for creating a Waterwise Garden?

1. Where possible, work on the principle of sustainable practices. Don't try to create a garden that is against its existing environmental conditions, such as soil type.

2. Soil improvers do help to retain better moisture levels and also help to stimulate microbial activity, such as compost.

3. Run an efficient/modern irrigation system that not only waters your plants when they really need it, but one that can help to reduce your water and electricity bills.

4. Group plants with similar watering needs into the same garden beds or with specific gardening uses. This is known as hydrozoning and means that irrigation of these areas can be set appropriately to those (grouped) planting needs.

5. Avoid bare exposed soil. You can't under-estimate the value of mulch — it not only helps to conserve moisture in the soil profile but also assists in helping to reduce the fluctuation of temperature within the top 10cms of soil.

6. Plant Selection — a waterwise garden doesn't need to be just a garden with Australian natives. Many of our favourite plants such as roses can survive on limited watering. For the best advice on what to plant where, visit one of our Waterwise garden centres or nurseries who will not only be able to help you select the right plants for your plot, but advise you on how to provide the best care for them.



For further information and advice, please visit the NGIWA marquee at Site 96 (near the main entrance). We feature the Waterwise Hub showcasing plants from the Waterwise Directory, giving visitors the opportunity to meet Water Corporation representives and pick up valuable information on how to create a Waterwise Garden.



2022 FEATURE PLANTS

BEDDING DAHLIA

Just one of the new release Bedding Dahlias — a self-branching and free-flowering plant in gorgeous pink tones, approx 45cm high x 45cm wide with large flowers. Ideal for pots as well as in a massed bedding display.

Available at Kelmscott Dahlias - Site 21



RED TOWER GINGER COSTUS COMOSUS

Hardy, long-flowering ornamental ginger. Flowers can last up to a year on the plant. Best ornamental ginger for Perth growing conditions. Ginger requires filtered sunlight when young, however will take more sun when established.

Available at Coast Road Palms – Site 4

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With more than 20 years' experience, Botanica offers a vast range of unique tineraries. Travel in small groups, orted by an expert Botanical Guide



9 Day Chelsea Flower Show, Cotswolds and Welsh Gardens in Spring

Travel with expert Botanical Guide Tracy Foster Eight nights in centrally located hotels, with 14 meals Enjoy a pre-visit lecture on the Chelsea Flower Show exhibits, before you explore this world famous event Explore the iconic Sissinghurst and Great Dixter gardens Tour Waddesdon Manor. Hatfield House and Hidcote Manor Garden

- Visit Winston Churchill's garden Chartwell, as well as the Naked Gardeners' Abbey House Gardens Visit the Welsh Gardens of Bodnant, Powis Castle and Plas Brondanw
- Visit the private gardens of Sir Roy Strong and Veddw House Garden in Wales

Departure Date: 25 May 2023



Gardens of Melbourne and the Melbourne International Flower & Garden Show

Travel with expert Botanical Guide Teena Crawford and explore a range of gardens Stay four nights at the five-star Marriott Hotel in Melbourne, including eight meals Experience the Melbourne International Flower & Garden Show, including a pre-visit lecture See the private gardens of famous designers Paul Bangay and Phillip Johnson Visit the Diggers Club gardens - Heronswood, St Erth and Cloudehill Explore the garden of the late Dame Elisabeth Murdoch, Cruden Farm Tour the nursery of Antique Perennials to learn more about this style of garden

Departure Date: 27 March 2023



For more information, or to order our new brochure, call 1300 305 202 or visit botanica.travel

Kleenheat Kitchen

FIND ALL THE RECIPES HERE

GET COOKING!

Visit the Kleenheat Kitchen at the Perth Garden Festival to join gardening experts and chefs performing cooking demonstrations, featuring loads of home-grown recipes,

Kleenheat Kitchen

Cooking with Guy Jeffreys

GREENS AND ANCHOVY WITH POLENTA

Serves 4

INGREDIENTS

Splash of olive oil 2 cloves garlic, sliced 7 anchovies 1 chilli. sliced 1 head of broccoli, rough chopped A chefs pinch of salt and pepper 100g polenta 400ml milk and 400ml water 30g unsalted butter 30g parmesan, grated Handful of parsley

METHOD

Heat a saucepan on medium flame and add olive oil, garlic, anchovies and chilli. Sauté gently until starting to colour then add broccoli, salt, pepper and about 1 litre of water. Turn flame to high, boil and stir until water is nearly all reduced.

While the above is boiling, in a different saucepan heat milk, water and a pinch of salt. Once boiling, rain in polenta and whisk until thick, then turn heat down and simmer 'til cooked (not grainy). Turn off heat and add butter and parmesan.

TO SERVE Pour polenta onto a platter, spoon over broccoli, rip up a crusty loaf of bread and open a bottle of chardonnay.

SPICY CHICKEN MINCE LETTUCE CUPS

Serves 4

INGREDIENTS

Splash of vegetable oil 100g chicken mince 2 chillies, sliced (the hotter the better) 2 clove garlic, sliced 1 tbsp sugar 4 tbsp fish sauce 1 baby gem lettuce heart shredded, outer leaves reserved $\frac{1}{2}$ cup cooked rice Juice of 1 lemon

To Serve

Outer baby gem leaves Coriander and mint leaves 1 tbsp toasted ground rice

METHOD

Heat a wok until screaming hot. Stir fry chicken mince in the veg oil for a second breaking it up. Add chillies, garlic and sugar. Stir fry for a minute then add fish sauce and about 100ml water. Bring to the boil then add shredded lettuce heart, cooked rice and lemon juice, stir through and turn off the heat.

To serve spoon spicy mince mix into lettuce cups, sprinkle over a pinch of toasted ground rice and garnish with herbs. Riesling or Vermentino pairs very well with this snack, especially while sitting around the pool on a hot afternoon.

> Watch Guy Jeffreys demo his recipes at the Kleenheat Kitchen on Thursday 27 October.

JAPANESE SAVOURY ΡΔΝCΔKE

Serves 6

INGREDIENTS

3 free-range eggs 150g plain flour 150g stock, cooled 45g raw potato, grated 1¹/₂ tsp crispy onions 3 tsp spring onions, chopped 1¹/₂ tsp fresh ginger, grated (or Japanese pickled ginger, diced) 375g cabbage, thinly shredded Oil

Garnish

Kewpie mayonnaise (or regular) Okonomivaki sauce (or HP sauce) Bonito fish flakes Powdered seaweed

Optional Prawn, octopus, squid or thinlysliced pork belly

METHOD

Mix together the egg and flour, then stir in the cooled stock. making sure that there are no lumps.

Add the grated potato to the batter, then stir in the crispy onions, spring onions, ginger and cabbage, plus the seafood or pork belly, if using.

Heat a thin layer of oil in a frying pan on a medium heat. Pour the mixture into the pan, and fry for five minutes each side.

Add the garnishes to taste, and serve immediately.

Serves 4

CHICKEN SAAG WITH WARRIGAL GREENS

INGREDIENTS

500g free-range chicken thigh, cube dice 2cm square. 300g warragal greens or spinach 2 cloves garlic, minced 2 tbsp minced fresh ginger 1 large onion chopped 2 tbsp vegetable oil 1½ tsp ground coriander 1¹/₂ tsp garam masala 1 tsp turmeric 1 tsp ground cumin 1/2 tsp cardamom

METHOD

Heat 1 tablespoon oil in a large non-stick frypan over a medium-high heat. Add the onion, garlic, and ginger and sauté until softened, about 4 to 5 minutes, stirring regularly, and lowering heat to medium-low if it starts to brown too guickly. Over medium heat, add the salt.

coriander. garam masala. turmeric. cumin, cardamom, and chili powder, and stir on medium-low heat until fragrant, about 30 seconds or so. Stir tomato paste into the spices in the pan, creating a thick spiced sauce, about 1 minute.

Add the spinach and water, and gently stir to combine as the frypan will be very full. Cover and raise the heat to medium-high, allowing the spinach to start to wilt. Occasionally remove the lid, stir, and then cover again until most the spinach has begun to wilt, about 3 to 5 minutes (can depend on the size of your spinach leaves).

Remove the lid and finish stirring the spinach until it is completely wilted but still bright green, another minute. Transfer spinach mixture to a blender and purée until smooth. Taste and adjust salt and spice if necessary. Meanwhile, wipe the frypan clean with a paper towel, return it to medium-high heat, and add another tablespoon of oil. When the oil is hot, add the cubed chicken pieces. sprinkle salt over the top to season, and cook until almost completely

cooked through, about 5 to 7 minutes Pour the spinach mixture back over the chicken, using a rubber spatula to get every last bit out of the blender, and cook for another 2 to 3 minutes to allow the flavours to meld and the chicken to finish cooking.

Make raita by mixing deseeded and diced cucumber, lemon myrtle and sea salt in a bowl and set aside. You can make this ahead of time to get the full effect of the lemon myrtle.

Stir the yoghurt through the saag and serve immediately with basmati rice and/or naan bread and top with a dessert spoon of raita.

Watch Caroline Taylor demo her recipes at the Kleenheat Kitchen on Friday 28 October.

Cooking with Caroline Taylor

¼ chilli flakes Raita

1 tbsp tomato paste 1/2 cup water 1/2 cup plain yoghurt

1 cup natural yoghurt 1/2 continental cucumber, deseeded + finely diced 1 tsp lemon myrtle flakes 1 tsp sea salt



Cooking with Jenny Lam

VEGETARIAN FRIED RICE

Prep time 15 min Cooking time 15 min Serves 4

NGREDIENT

- 2 cups cold left over white rice
- 3 tbsp vegetable oil
- ³/₄ cup frozen vegetables (peas, carrots & corn), thawed and strained
- 1 broccoli, chopped into 2cm pieces
- 2 eggs
- 2 tbsp tomato sauce
- 2 tbsp soy sauce
- 1 tsp sugar
- ¹/₂ tsp black cracked pepper

METHOD

Place a wok on high heat, when smoking add oil followed by cold rice. Separate the rice in the oil until no big clumps, add salt, sugar, soy sauce and fry until well combined, add vegetable mix and tomato sauce, stir-fry for another 2 minutes before making a well in the center of your rice, crack the two eggs in the middle and stir until all cooked then fold your rice back into the eggs. Garnish with cracked black pepper and serve.

SOY AND PEPPER **BRAISED EGGPLANT**

Prep time 5 min Cooking time 30 min Serves 4

INGREDIENTS

1 large eggplant, cut into 8 long wedges ¹/₂ tbsp vegetable oil 3 tbsp soy sauce 2 tbsp sugar 1 cup coconut water

Garnish

Cracked black pepper Fresh coriander leaves

Place all ingredients into a large saucepan. Cover with lid and cook on medium heat until eggplant is translucent. This will take around 20 minutes. If there are any pieces that aren't translucent yet, turn them over in the liquid to help with the cooking. Remove lid and allow half the liquid to evaporate for the last 10 minutes. Garnish with cracked black pepper and fresh coriander.

Try to pick a saucepan large enough so your eggplant can lie in a single layer, skin down.



INGREDIENTS

- 1 sweet potato 1 red onion savoy cabbage ¼ each 1 zucchini 1 lemon (juiced and zested) 2 egg 4 garlic (minced) 5g dried turmeric salt and pepper 250g chickpea flour 500g yoghurt 100g coriander
- 50g mint 50g basil 1 lemon (juiced and zested 200g red chillies 5 garlic cloves 5g salt 10g sugar 20g garlic powder 100ml white vinegar 200g water Xanthan gum

200ml canola oil

METHOD

Fritters: Slice/Julien the sweet potato, zucchini, onion and cabbage thinly. A veggie slicer is good if you are brave enough. Toss all the sliced vegetables with a couple good pinches of salt and let stand in a colander for 1/2 hour, this is to soften the vegetables. After ½ hour rinse the vegetables well under running water and then gently ring them dry. In a clean bowl mix the rinsed dry vegetables with beaten egg, garlic, lemon juice and zest, turmeric and a healthy amount of fresh cracked black pepper. incorporate all of this well.

Sift the chickpea flour in with the rest of the ingredients while mixing. Portion fritter mixture into slightly larger than a golf ball sized clumps. In a lightly oiled non-stick pan lay the fritters evenly apart flattening gently when they are place into the pan. Cook for about 2 minutes then flip over and cook for another 2minutes. Drain on paper towel and eat immediately or save for later.

Herbed yoghurt: Hang yoghurt in a colander for an hour. Overnight is better. Blend oil and ½ the coriander 'til very fine and the oil goes bright green. Strain reserving the oil. Chop remaining herb finely. Mix herbs, lemon juice and zest, garlic and 50mls of the coriander oil.

Hot sauce: Wash and roughly chop chilies. Add all ingredients to a large enough pot and bring to a boil. Once it comes up to a boil turn down to a gentle simmer for ½ hour. Once mixture is cooked add xanthan gum and purée. Pass through a fine strainer.

SAUTÉED MUSHROOMS WITH CHICKEN VINAIGRETTE. MACADAMIAS & SOURDOUGH CRACKERS

Cooking with Gord Kahle

INGREDIENTS

Mixed mushrooms multiple varieties Whole chicken – for chicken stock, reserve fat from roasting for vinaigrette 20ml sherry vinegar 1Tbs Dijon mustard Canola oil Fresh herbs: parsley, chives & thyme

¹/₄ loaf sourdough bread (can be day old) Olive oil Salt & pepper 250g macadamia nuts 5 cloves garlic 5g white miso paste 250ml canola oil 150ml water 2g Xanthan gum

METHOD

Dressing: Roast a skin-on whole chicken. strain off 50mls fat and save it for the vinaigrette. Pick off meat (reserve for another use) then use the carcass to make a chicken stock. Reduce 250mls chicken stock down to 50mls. Add 20ml sherry vinegar and 1 Tbs Dijon mustard, to reduced stock. Add 100ml canola oil and 100ml chicken fat slowly while blending/mixing to emulsify dressing. Season to taste. Mix with finely chopped parsley, chives and thyme

Crackers: Take 1/4 loaf of good quality sourdough bread. Slice as thin as possible. Drizzle with olive oil and salt. Bake in oven until crisp and cracker-like.

Macadamia emulsion: Toast 250g macadamia nuts over low heat. In a high-speed blender add toasted macadamia nuts, reserving some for the end. Add 5 cloves garlic, 5g miso paste, 250ml canola oil, 150ml water. Blend to mix. When mixed add 2g xanthan gum. Continue blending for 8 minutes until very smooth consistency.

Mushrooms: Clean mushrooms and separate/chop to mix different varieties together - my favourites are mixed oysters (pink, yellow, blue) shimejis, shitakes, and king oysters from The Mushroom Guys. Sauté in butter/olive oil in a very hot pan until tender. Place in serving dish, and break some of the sour dough crackers through the mushroom mixture.

Dress with chicken vinaigrette/herb mixture. Dollop macadamia emulsion on top. Finely grate/microplane reserved macadamias on top. Serve with additional sourdough crackers.

demo her recipes at the Kleenheat Kitchen on Saturday 29 October.

Watch Gord Kahle demo his recipes at the Kleenheat Kitchen on Sunday 30 October.

Watch Jenny Lam



Regenerative Oat Milk



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